

FINISHING LENT WITH INTENTION

A checklist to help you through the final stretch

I am fasting from: _____.

○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

My home is clutter free and clean.

My home reflects this season of Lent.

I am mindfully making time for daily prayer.

○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

I am taking time to deepen my faith spiritually.

○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

Our family has made a financial contribution to the church.

I have set aside time for Stations of the Cross _____.

I have received the sacrament of Reconciliation this Lent.

Our family is attending Holy Week Services

Palm Sunday _____

Maundy Thursday _____

Good Friday _____

Easter _____

I have made opportunities so the children so they can experience Lent in their own way.