

Ode to Feminine Genius:

Proverbs 31 Catholic Woman

An Examination of Conscience

frugal

Asks herself questions like: Do I spend our family money wisely? Do I consult with my husband for large purchases? Am I being prudent with our money? Do I trust that God will always provide?

strong

Asks herself questions like: Do I care for my body by exercising and staying in shape? Do I worry about the state of my soul? Do I keep a strong prayers life? Do I eat well? Do I get enough rest every day? Am I setting an example of strong balance for my family?

diligent

Asks herself questions like: Do I spend my time wisely? Do I work diligently to complete my daily tasks? Do I spend time dwelling on those things that do not please the Lord? Do I look for ways to be more organized? Do I find solutions to home keeping?

merciful

Asks herself questions like: Do I serve my husband and family? Do I serve my friends and neighbors with a gentle and loving spirit? Do I practice the works of mercy and influence my will to have compassion for and, if possible, to alleviate another's misfortune?

hospitable

Asks herself questions like: Do I create an inviting atmosphere of warmth and love for my family and guests? Am I a good homemaker? Do I use hospitality to show Christ to those around me? Am I friendly and courteous to those who visit? Do I make them feel welcomed?

industrious

Asks herself questions like: Do I work willingly with my hands? Do I keep my home as my first and foremost focus? Do I organize my housework and keep up with it? Do I embrace the life God has blessed me with? Am I diligent in my housework? Am I self-disciplined in all I do?

family

Asks herself questions like: Do I respect my husband? Do I do good by him always? Do I love and respect my husband as the head of our home? Do I teach my children the ways of God? Do I nurture my children with love? Do I discipline my children with care and wisdom? Do I train my children in the Catholic Faith?

faithful

Asks herself questions like: Do I serve God with all of my heart, mind, and soul? Do I turn to God and His Blessed Mother seek God's Holy Will for my life? Do I fear the Lord and follow in His ways. Do I turn to the things of God always? Do I turn away the things of the world that take me away from God?

beautiful

Asks herself questions like: Do I keep my focus on being beautiful from within? Do I focus on the ways of our Lord Jesus Christ? Am I creative? Do I try to use my sense of style to create beauty in my life? Do I create beauty in the lives of my loved ones? Do I make my home beautiful within our means?



Achieving
perfection
that is
pleasing to
God by
imitating the
Blessed
Virgin
Mary!