Teens and Social Media

By Martina Kreitzer

Foundress of Catholic Sistas

**WHO I am**

**WHO we are**

What the Church says

Sacred Scripture

Eph 6:1-4, Proverbs 7:1-3,17:6 22:6, 23:13-14, 23:24, Colossians 3:20-21, Luke 18:28-30

Catechism of the Catholic Church

The Family and Society

2207-2209

The Duties of Family Members

2217, 2222, 2223

**SOCIAL media definitions**

**WHAT to do**

* Foundation of Respect
* Avoid Cell Phone {as long as possible}
* Curfew
* Timer
* Connect
* Passwords
* Off-limits Zones
* Digital Footprint
* Self Worth
* Evangelize!
* Guilt
* Bullying
* Porn
* Protect/Safety
* Pray, pray, pray!

**ABANDONMENT prayer**

Father,  I abandon myself into your hands;  do with me what you will.  Whatever you may do, I thank you:  I am ready for all, I accept all.   Let only your will be done in me,  and in all your creatures - I wish no more than this, O Lord.   Into your hands I commend my soul:  I offer it to you with all the love of my heart,  for I love you, Lord, and so need to give myself,  to surrender myself into your hands without reserve,  and with boundless confidence,  for you are my Father.

*Charles de Foucauld*

**PRAYER to St. Isidore**

Dear St. Isidore of Seville, Guide us in our use of the Internet. You were a poor student. You gave this problem over to God and became one of the most learned men of your time, writing dictionaries, encyclopedias, and a history of the world. O Servant of God, we are poor students: while we celebrate the wealth of information we can find online, keep us wary of the dangers that exist there, too. Pray for us that we might seek wisdom, protection, and right judgment at the feet of Christ our Savior.

O Patron Saint of the Internet, pray for us!

**RESOURCES & REFERENCES**

**PROTECTIVE measures**

* NetNanny.com
* MobileWebGuard.com

**BULLYING**

* BullyingStatistics.org
* *"From cyber bullying to sexting: What’s on your kids' cell?"* [online]
* i-SAFE Inc., "*Cyber Bullying: Statistics and Tips*" by Richard Webster, Harford County Examiner, [online]
* Cyberbullying Research Center, "*Summary of our cyberbullying research from 2004-2010*" [online]
* National Crime Prevention Council, "*Cyberbullying*" [online]
* Shea Shawhan, Christian Taylor, Megan Meier, Phoebe Prince, Hope Witsell, Joshua Melo, Ryan Patrick Halligan

**ACCOUNTABILITY**

* CovenantEyes.com

**PORNOGRAPHY**

* FightTheNewDrug.org
* PornHarms.com
* <http://www.catholiceducation.org/articles/sexuality/se0192.htm> [from CERC]
* Infographic – Teens and Porn – 10 stats you need to know [[online]](http://www.covenanteyes.com/2010/08/19/teens-and-porn-10-stats-your-need-to-know/)
* Stats - <http://www.covenanteyes.com/pornstats/>
* *The Effects of Pornography on Individuals, Marriage, Family and Community* by Patrick Fagan, Ph.D. through Family Research Council [online]

**USCCB**

* <http://usccb.org/beliefs-and-teachings/who-we-teach/children/>

“A child is more than just an intellect. A brilliant intellect is useless

without a focused will and is dangerous without a loving heart.”